

What It Means to Learn of Jesus Christ

EPISODE 001 - STUDY GUIDE

This guide is a quiet companion to Episode 001. It is not homework and there is no deadline. Use the part that helps you take one honest step toward Jesus Christ.

The question

I want to understand Jesus Christ, but where do I start - and what does learning of Him actually mean?

The episode in one sentence

Begin with the words of Jesus Christ: He invites those who labour and are heavy laden to come unto Him, take His yoke, and learn of Him.

Read from the source

Matthew 11:28-30

As you read, notice: who is speaking; who is invited; what He asks; and what He promises.

churchofjesuschrist.org/study/scriptures/nt/matt/11?lang=eng

John 17:3

Notice the word *know*. What is different between knowing facts about someone and beginning to know that person?

churchofjesuschrist.org/study/scriptures/nt/john/17?lang=eng

Terms worth learning slowly

Jesus Christ

The Son of God and the Savior and Redeemer of the world. This episode begins with His own invitation rather than attempting to summarize everything about Him at once.

Savior

A title for Jesus Christ that points to His power to save. Later lessons will teach His Atonement, Resurrection, grace, repentance, forgiveness, and salvation in their proper scriptural setting.

Redeemer

A title for Jesus Christ that points to His act of redeeming God's children. Do not treat the definition as the complete lesson; let scripture and later episodes deepen the meaning.

Grace

Divine help and strength made possible through Jesus Christ. E001 names the term for the learning path ahead but does not attempt to teach the full doctrine in one episode.

Atonement of Jesus Christ

The saving work of Jesus Christ, including His suffering, death, and Resurrection. E001 does not compress this sacred teaching; it prepares the viewer to learn it carefully through scripture and the missionary lessons.

Faith in Jesus Christ

Trust in Jesus Christ that leads a person to act. In this episode, faith may begin as simply hearing His words, considering His invitation, and taking one honest step toward Him.

Yoke

An instrument that joins two together so a load can be carried. In Matthew 11, Jesus Christ uses the image while inviting people to take His yoke and learn of Him. E001 uses the image only to teach the bounded truth that a person joined with the Savior does not carry life's load alone.

Questions to ponder

1. Which phrase in Matthew 11:28-30 feels addressed to me today?
2. Am I trying to arrive already rested, settled, or certain before I come to Christ?
3. What facts do I know about Jesus Christ?
4. What would it mean for me to begin knowing Him and learning from Him?
5. What is one small, honest step I am willing to take?

One small step

Read Matthew 11:28-30 once more, slowly. Choose one phrase to carry with you today.

Keep learning

Continue to E003 - *God Loves You: You Are a Child of God*.

If you would like to keep learning of Jesus Christ with missionaries near you, Charlie can help make the introduction at LearnOfJesusChrist.org. You may also use the Church's official request path. Missionary visits are free. You decide whether and when to take this step.

Source boundary

This guide supports the episode; it does not replace scripture, the complete 2023 edition of *Preach My Gospel*, or teaching from full-time missionaries.

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